



City of Chicago



R2017-388

Office of the City Clerk

Document Tracking Sheet

Meeting Date: 5/24/2017

Sponsor(s): Cardenas (12)

Type: Resolution

Title: Declaration of month of May as "National Mental Health Awareness Month" and call for government agencies, institutions, businesses and schools for support increasing understanding of mental health

Committee(s) Assignment: Committee on Health and Environmental Protection

R E S O L U T I O N

WHEREAS, one out of every five Americans suffers a mental health disorder during any given year; and,

WHEREAS, the impact of mental illness reaches families, neighborhoods, schools and the workplace; and

WHEREAS, May has been recognized as national Mental Health Awareness Month since 1949; and,

WHEREAS, mood disorders, including major depression and bipolar disorder, are the third most common cause of hospitalization in the U.S. for those aged 18–44; and

WHEREAS, one person dies by suicide every 13 minutes and approximately 44,000 Americans took their own lives in the past year; and

WHEREAS, mental health is a key component of everyone’s overall physical health and emotional well-being; and

WHEREAS, feelings of personal shame and fears of social discrimination prevent many living with mental illness from seeking help; and

WHEREAS, untreated mental illness leads to greater numbers of emergency department visits, hospitalizations, school drop-outs, and suicides; and

WHEREAS, stigma leads to fear, mistrust, and violence against people with mental illness, who are significantly more likely to be victims than perpetrators of violent crimes; and

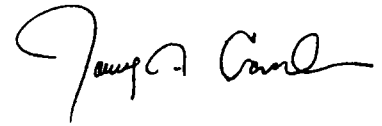
WHEREAS, greater public awareness about mental wellness can positively transform attitudes towards people with mental illness, so making it easier for our fellow citizens to seek help; and

WHEREAS, we must empower law enforcement, first responders, doctors, and families to help those with the most severe mental illnesses; to ensure that people with mental illness have access to treatment and services; and to fight the stigma associated with mental illness which can prevent people from seeking care; and

WHEREAS, We must enhance our understanding of mental illness and its relationship to other complex societal challenges, including homelessness and substance abuse; now, therefore,

BE IT RESOLVED, That we, the Mayor and the Members of the City Council, assembled this twenty fourth day of May, 2017, do hereby designate the month of May, 2017, as "National Mental Health Awareness Month" in Chicago; and

BE IT FURTHER RESOLVED, That we call on citizens, government agencies, public and private institutions, businesses, and schools to commit to increasing awareness and understanding of mental health and to recognize the necessity of accessible, appropriate mental health services for all Chicagoans.



George A. Cardenas
Alderman, 12th Ward