



City of Chicago



R2015-707

Office of the City Clerk

Document Tracking Sheet

Meeting Date:	9/24/2015
Sponsor(s):	Munoz (22)
Type:	Resolution
Title:	Congratulations extended to Thousand Waves Martial Arts And Self-Defense Center on 30th anniversary
Committee(s) Assignment:	

**RESOLUTION CONGRATULATING THOUSAND WAVES MARTIAL ARTS
& SELF-DEFENSE CENTER**

WHEREAS, Thousand Waves Martial Arts and Self-Defense Center celebrates 30 years of groundbreaking work; and

WHEREAS, this esteemed body has been informed of this milestone by the Honorable Ricardo Munoz, Alderman of the 22nd Ward; and

WHEREAS, co-directors Nancy Lanoue and Sarah Ludden have built an organization and community dedicated to fostering fitness, healing, empowerment and peacemaking by promoting healthy minds and bodies through violence prevention, self-defense and traditional martial arts programs for adults and children of all ages; and

WHEREAS, Thousand Waves is the realization of the dreams of its founders Nancy Lanoue and Jeannette Pappas: to create a safe a beautiful place, setting waves of self-empowerment and violence prevention in motion; and


WHEREAS, Since its foundation in 1985, a martial arts school made up of 50 women has evolved into a vital and vibrant not-for-profit institution in the City of Chicago made up of more than 450 active members; and

WHEREAS, The founders' efforts have resulted in the expansion of anti-violence and empowerment programs that reach throughout the greater Chicago area, fostering diversity and equal access through scholarships to anyone in need, and welcoming members regardless of racial or ethnic background, religion, age, sexual orientation, gender identity, or fitness level; and

WHEREAS, Through partnerships with schools, community based organizations, businesses and government agencies Thousand Waves provides tools of violence prevention and personal empowerment to diverse communities; **now, therefore**

BE IT RESOLVED, that we, the Mayor and members of the City Council of the City of Chicago, gathered here this twenty-fourth day of September, 2015, do hereby congratulate Thousand Waves Martial Arts and Self-Defense Center on 30 years of meaningfully serving Chicagoans, and extend our wishes for continued success.

BE IT FURTHER RESOLVED, that a suitable copy of this resolution be prepared and presented to Thousand Waves Martial Arts and Self-Defense Center.



Ricardo Munoz
Alderman, 22nd Ward