



# Office of the City Clerk

City Hall  
121 N. LaSalle St.  
Room 107  
Chicago, IL 60602  
www.chicityclerk.com

## Legislation Text

---

File #: R2016-18, Version: 1

---

**City Council Meeting January 13, 2016 Refer to Joint Committee: Human Relations and Special Events, Cultural Affairs & Recreation**

### RESOLUTION

**WHEREAS, according to the 2010 US Census, person 65 years and over represent 10.3% of the City of Chicago's population; and,**

**WHEREAS, the senior population in metropolitan Chicago is expected to continue increasing, according to Chicago Metropolitan Agency for Planning (CMAP), the number of residents between 65 and 84 years of age is projected to double by 2040; and,**

**WHEREAS, the number of residents in the region who are over 85 years old is projected to triple over the next 25 years; and,**

**WHEREAS, the U.S. Surgeon General's office recently released a report on Physical Activity and Health, detailing seniors who are usually inactive can improve their health and well-being by becoming even moderately active on a regular basis; and,**

**WHEREAS, the report also highlights the benefits of exercise from reduced risk of developing diabetes, high blood pressure, and colon cancer, to the promotion of psychological well-being of our seniors; and,**

**WHEREAS, the Chicago Department of Family and Support Services administers a variety of programs designed to address the diverse needs and interests of older Chicagoans, from those who are healthy and active, to those who are frail and homebound and operates ten satellite senior centers that offer information and assessments as well as opportunities for cultural enrichment, health and fitness, and education; now therefore,**

**c-^^Thoma^fvf/piinney /J Proco^ftwTMorcno  
Aldermanr44<sup>h</sup> Ward //**

**Alderman, 1<sup>st</sup> Ward**

**BE IT RESOLVED, that the Director of Chicago Department of Family and Support Services and the leaders of the City's Senior Services Area Agency on Aging appear before a joint hearing of the Committees on Human Relations and Special Events, Cultural Affairs & Recreation to discuss the City's ability to help our Senior Residents "age in place" to remain in their homes and communities as they age and promote their programs that promote cultural enrichment, health and fitness.**